



**ALUSTAVA AIKATAULU:**

Veteraanienyleisurheilun  
SM-kilpailut  
Lauantai 3.7.2010  
klo10.00

	200m ae	200m lk	800m	300m aj	200m aj	400m aj	5000m	pituus	seiväs	kuula	keihäs	paino	
M35		20.20	11.50			10.10	14.20	13.00B		19.15A	17.50A	13.00 S1	M35
M40	18.40	20.15	12.00			10.10	14.20	13.00B		18.15A	19.00A	13.00 S1	M40
M45	18.30	20.10	12.10			10.10	14.20	13.00A		17.15A	15.50A	12.00 S1	M45
M50	18.20	20.05	12.20			10.15	14.50	14.50A		16.00A	14.50A	10.00 S1	M50
M55	18.00	20.00	12.30			10.15	14.50	16.00A		14.45A	16.50A	10.00 S1	M55
M60	17.50	19.55	12.40	10.45			15.20	17.10A	14.00		13.50A	14.30 S1	M60
M65	17.40	19.50	12.50	10.45			15.20	14.30B	14.00		12.50A	14.30 S1	M65
M70	17.30	19.45	13.00	10.55			15.50	16.00B	17.00		11.30A	17.30 S1	M70
M75		18.55	13.10	10.55			15.50	12.00C	17.00		11.30B	17.30 S1	M75
M80		18.50	13.10		11.10		15.50	12.00C	17.00		11.30B	16.30 S2	M80
M85		18.45	13.10		11.10			12.00C			11.30B	16.30 S2	M85
M90		18.45			11.10			12.00C			11.30B	16.30 S2	M90
	200m ae	200m lk	800 m	300m aj		400m aj	5000m	pituus	seiväs	kuula	keihäs	paino	
N35		19.40	13.30			10.25	16.20	15.00C	11.00		14.00B	10.00 S2	N35
N40	18.10	19.35	13.30			10.25	16.20	15.00C	11.00		14.00B	10.00 S2	N40
N45		19.30	13.40			10.25	16.20	14.00C	11.00		14.00B	10.00 S2	N45
N50		19.25	13.40	10.40			16.20	14.00C	11.00		10.00A	12.30 S2	N50
N55		19.20	13.50	10.40			16.50	16.00C	11.00		10.00A	12.30 S2	N55
N60		19.10	13.50	10.50			16.50	16.00C	11.00		10.00B	14.00 S2	N60
N65		19.05	14.00	10.50			16.50	17.00C	11.00		10.00B	14.00 S2	N65
N70		19.00	14.00		11.15		16.50	17.00C	11.00		10.00B	14.00 S2	N70
N75		19.00	14.00		11.15			17.00C			10.00B	14.00 S2	N75
N80		19.00			11.15			17.00C			10.00B	14.00 S2	N80
N85											10.00B		N85
N90											10.00B		N90

**ALUSTAVA AIKATAULU:**

Veteraanienyleisurheilun  
SM-kilpailut  
Sunnuntai 4.7.2010  
klo 9.00

	80m aj	100m aj	110m aj	400m	1500m	10000m	3-loikka	seiväs	kuula	kiekko	
M35			9.00	13.55	11.20	18.15	12.00A	14.30		17.30A	M35
M40			9.05	14.05	11.20	18.15	12.00A	14.30		17.30A	M40
M45			9.05	14.15	11.35	18.15	13.00A	14.30		15.30A	M45
M50		9.15		14.25	11.45	17.30	14.00A	16.00		11.00A	M50
M55		9.20		14.35	11.55	17.30	14.00A	16.00		10.00A	M55
M60		9.30		14.45	12.05	16.30	13.00B		16.15A	12.30A	M60
M65		9.35		14.55	12.20	16.30	13.00B		10.00A	14.00A	M65
M70	9.50			15.05	12.20	16.30	11.00B		13.15A	10.00B	M70
M75	9.50			15.15	12.20	16.30	11.00B		13.15A	11.30B	M75
M80	10.10			15.25	12.20	16.30	11.00C		15.00A	12.45B	M80
M85	10.10			15.35	12.20	16.30	11.00C		15.00A	12.45B	M85
M90	10.10						11.00C		15.00A	12.45B	M90
	80m aj	100m aj		400m	1500m	10000m	3-loikka	seiväs	kuula	kiekko	
N35		9.40		13.45	10.35	15.45	12.00B		9.30B	15.15B	N35
N40	10.00			13.35	10.35	15.45	12.00B		9.30B	15.15B	N40
N45	10.00			13.25	10.35	15.45	12.00B		10.45B	16.45B	N45
N50	10.05			13.15	10.50	15.45	12.00B		10.45B	16.45B	N50
N55	10.05			13.05	10.50	15.45	12.00B		11.45B	17.45B	N55
N60	10.15			12.55	11.05	15.45	13.00C		11.45B	17.45B	N60
N65	10.15			12.45	11.05	15.45	12.00C		16.30B	14.00B	N65
N70	10.15			12.35	11.05	15.45	12.00C		16.30B	14.00B	N70
N75				12.35			12.00C		16.30B	14.00B	N75
N80							12.00C		16.30B	14.00B	N80
N85									16.30B	14.00B	N85
N90									16.30B	14.00B	N90